**Y5/6 Summer Athletics**



@Active\_Fusion



**Event: Y5/6 Summer Athletics**

**Date:** Thursday 18th June 2020

**Venue: Doncaster Athletics Club**

**Time:** 12-3pm

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**Yorkshire Finals: Yes**

**Venue:**  Yes

**Time:** Yes

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Thank you for entering this year’s **Y5/6 Summer Athletics Finals.** This year’s festival will be held at Doncaster Athletics Club on Thursday 18th June 2020. Schools will be expected to arrive **11:45am** prompt this will allow the competition to start and finish on time.

Pupils will be expected to be changed and ready to play when they arrive at the ground as changing facilities will not be available on arrival. **All equipment will be provided on the day by the school so schools do not have to bring their own.**

The event lasts for 3 hours children should bring refreshments for the competition. The event will take place outside so young people should bring appropriate clothing and products for the weather.

Please ensure that you are aware of which children have photo consent prior to arriving at the competition as the organisers may take photos to use for promotional materials on social media and websites.

Attached to this letter are rules and further information about the competition. **IT IS EXPECTED THAT SCHOOLS WILL BE AWARE OF THE RULES AND THAT CHILDREN UNDERSTAND WHAT THEY SHOULD BE DOING.**

If you have any further questions, then please do not hesitate to contact me on the details below.

Martin Stirling and Craig Dallas

School Games Organisers

01302 637276

Or via email: [info@activefusion.org.uk](mailto:info@activefusion.org.uk) (RE- competition name)

[](http://www.google.co.uk/url?sa=i&rct=j&q=&esrc=s&source=images&cd=&cad=rja&uact=8&ved=0ahUKEwj3r8rxu4bNAhUjB8AKHZC3CVUQjRwIAw&url=http://activefusion.org.uk/cpd/&psig=AFQjCNGiMk2oBhPK4RnZnWdgyCq1WxKQLw&ust=1464858122569480)

**Rules:**

* Mixed team Y5 and Y6 boys and girls
* Each pupil can compete in a maximum of 2 events including the relay
* Each school has 2 competitors in each event; the team for the shuttle relay will consist of 2 boys and 2 girls
* Points will be awarded for the finish place not times, where heats are run there will be no finals.
* Participating schools will be given 2 numbers, 1 number for A competitors and 1 number for B competitors
* Lanes and heats will be as set out in the running order given on the day.

**Track Events**

|  |  |  |
| --- | --- | --- |
| **1** | **80m Sprint - Boys** | **Heats** |
| **2** | 80m Sprint - Girls | Heats |
| **3** | 600m - Boys | 1 Race |
| **4** | 600m - Girls | 1 Race |
| **5** | Obstacle Race - Boys | Heats |
| **6** | Obstacle Race - Girls | Heats |
| **7** | Shuttle Relay | Heats |

**Field Events**

|  |  |
| --- | --- |
| **1** | **Boys Long Jump** |
| **2** | Girls Javelin  Throw |
| **3** | Boys Ball Throw |
| **4** | Girls Long Jump |
| **5** | Boys Javelin  Throw |
| **6** | Girls Ball Throw |

Events will not be timed; therefore scoring is based on the finishing positions and scored per event as detailed below.

**Scoring**

|  |  |  |  |
| --- | --- | --- | --- |
| **Field events and 600m Run** |  |  |  |
| **10 Points** | 1st Place A Runner |  | 1st Place B Runner |
| **9 Points** | 2nd Place A Runner |  | 2nd Place B Runner |
| **8 Points** | 3rd Place A Runner |  | 3rd Place B Runner |
| **7 Points** | 4th Place A Runner |  | 4th Place B Runner |
| **6 Points** | 5th Place A Runner |  | 5th Place B Runner |
| **5 Points** | 6th Place A Runner |  | 6th Place B Runner |
| **4 Points** | 7th Place A Runner |  | 7th Place B Runner |
| **3 Points** | 8th Place A Runner |  | 8th Place B Runner |
| **2 Points** | 9th Place A Runner |  | 9th Place B Runner |
| **1 Point** | 10th Place A Runner |  | 10th Place B Runner |

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| --- | --- | --- | --- |
| **Sprint and Hurdles** |  |  |  |
| **5 Points** | 1st Place A Runner |  | 1st Place B Runner |
| **4 Points** | 2nd Place A Runner |  | 2nd Place B Runner |
| **3 Points** | 3rd Place A Runner |  | 3rd Place B Runner |
| **2 Points** | 4th Place A Runner |  | 4th Place B Runner |
| **1 Point** | 5th Place A Runner |  | 5th Place B Runner |

|  |  |  |  |
| --- | --- | --- | --- |
| **Shuttle Relay** |  |  |  |
| **4 Points** | 1st Place A Runner |  | 1st Place B Runner |
| **3 Points** | 2nd Place A Runner |  | 2nd Place B Runner |
| **2 Points** | 3rd Place A Runner |  | 3rd Place B Runner |
| **1 Point** | 4th Place A Runner |  | 4th Place B Runner |

**Frequently Asked Question**

What ball is it?

We will be looking to use a howler on the day if there is one available as it makes it more of a challenge for the children. If this is not available then it would be a rounders/ cricket ball.

What Javelin?

The javelin will be the pink plastic ones which weigh roughly 300G. We use the javelins from Doncaster Athletics Club, It would be too windy for the foam javelins outside.

The shuttle relay is 50 M dash with 4 people

A>>>>>>>>>>>>>B

C<<<<<<<<<<<<<B

C>>>>>>>>>>>>>D

FINISH<<<<<<<<<D

The obstacle is a usually run down the track around a cone, over a hurdle, around another cone and race to the end.