



activefusion



**WHAT WE
CAN OFFER**

MISSION

To help every child develop a love for being active by unlocking potential and creating positive habits for life.



Our Vision...
Be the best you can be

WELCOME

As a parent and director of a children's charity, it horrifies and saddens me that one in eight children suffer mental health problems. The problem is real. We need to act now.

Improving physical activity, reducing sedentary time and ensuring quality sleep in young children will improve their physical, mental health and wellbeing. There's no doubt about that.

It's time we drive physical activity and sport to the top of the agenda in our schools, our communities, our workplaces and our homes.

I'm immensely proud that Active Fusion has had an impact on the lives of over 27,000 young people last year. I'm even more excited that we have ambitious targets to almost double that reach. We're aiming to inspire 50,000 young people to develop a love for physical activity by 2023.

To do that we need your support.

Join us on a journey to improve the physical health and wellbeing of the next generation.
What are you waiting for?

Lindsay James
Active Fusion Director



**Join us on a journey to improve the physical health and wellbeing of the next generation.
What are you waiting for?**

Be the best you can be!

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- Silver package
- Coaching in schools
- Apprenticeship programme
- Teacher training
- Yoginis Yoga
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OUR VALUES



DEVELOP

We strive to develop the whole person, giving them the best start in life



CHALLENGE

We challenge ourselves, and others to be the best they can be



PASSION

We show pride, enthusiasm and dedication



PROFESSIONAL

We are professional in all the work we do, striving for perfection



INCLUSIVE

We provide inclusive services, believing that everybody has the opportunity to be as active and healthy as they can possibly be



INTEGRITY

We will do what we say, demonstrate good character and encourage a relationship of mutual trust and respect



Be the best you can be!

GOLD PACKAGE

All of your PE and school sport needs brought together in one simple offer.

33 full days of a coach delivering PE and bespoke programmes in your school.

Choose one or a combination of the following:

- Funetics – England Athletics scheme
- PPA cover – PE Delivery
- Team Teach – Professional development for teachers
- Mentoring – Working with targeted groups
- Health & Wellbeing – Improving physical health and mental wellbeing
- This Girl Can – Engaging inactive girls into physical activity
- Gifted & Talented – Helping young people reach their potential
- Competitions – Learning to compete

Also included in the gold offer:

- Fusion Leaders training
- Fusion Leaders Festival
- Fusion Series competition
- A full day sports day
- All teacher training and network days
- Conference places for PE lead and Head Teacher
- 30 places at Active Fusion Festival of Sport
- Pupil first aid workshops.
- PE schemes of work
- Designated member of staff to support your school
- Discounts and offers through our partners



**"I feel that PE is a strength of our school,
but without the support of Active Fusion it wouldn't be."**

Lisa Hillyer, Headteacher of Crookesbroom Primary Academy

To find out more contact info@activefusion.org.uk or call us on **01302 637276**

SILVER PACKAGE

All of your PE and school sport needs brought together in one simple offer.

24 half days of a coach delivering PE and bespoke programmes in your school once a week between November and June.

Choose one or a combination of the following:

- Funetics – England Athletics scheme
- PPA cover – PE Delivery
- Team Teach – Professional development for teachers
- Mentoring – Working with targeted groups
- Health & Wellbeing – Improving physical health and mental wellbeing
- This Girl Can – Engaging inactive girls into physical activity
- Gifted & Talented – Helping young people reach their potential
- Competitions – Learning to compete

Also included in the silver offer:

- Fusion Leaders training (includes 30 Leaders' Festival places)
- Fusion Series competition
- A half day sports day
- All CPD and PE network days
- Conference places for PE lead and Head Teacher
- 30 places at Active Fusion Festival of Sport
- Pupil first aid workshops (half day)
- PE schemes of work
- Designated member of staff to support your PE lead in school
- Plus, other negotiated discounts and offers through our partners



"We are delighted with the high quality and personable coaching we have received. Yet again, the coaches have been consistently enthusiastic, committed and knowledgeable and have become valued members of Woodfield Primary School."

Kate Hope, Acting Headteacher of Woodfield Primary School.

To find out more contact info@activefusion.org.uk or call us on **01302 637276**

COACHING IN SCHOOLS

Our goal is to engage more young people in physical activity by delivering high quality Physical Education in your school.

We support with planning, curriculum mapping and assessment.

Benefits include:

- Increased quality of PE
- Increased staff confidence in delivering PE
- Increased pupil attainment
- Enhanced staff skill in delivering PE through bespoke continued professional development
- More engaged and confident children

We can work around the needs of your school with **33, 36** and **39-week** contracts, half or full day delivery and flexible start and finish times.

Our coaches are assessed against Ofsted observation criteria and observed formally during the year.



“Doing activities with Tom were the best. He helped me throughout the year and encouraged me to join in. He would always put a smile on my face and checked if I was happy with my work. There was always something fun to do when Tom came to our school.”

Student at Astrea Academy Woodfields

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APPRENTICESHIP PROGRAMME

Why employ a PE, Sport and Wellbeing Apprentice?

- Enhance the reputation of your school by demonstrating your investment in young, local talent.
- Create additional capacity within your staff team to deliver more physical activity in and out of the curriculum.
- Give you the potential to offer wrap around care.
- Support with PE lessons, assessment and School Games Mark applications.
- Compliment your team and increase student engagement.
- Support your school at events, trips, residential and intervention groups both in and out of PE lessons.
- Offer more opportunities for children to meet the 60 minutes per day of physical activity target.

Do you already have staff members who would benefit from this professional qualification?

- Ideal for Teaching Assistants and other school-based support staff already working in a Physical Education and school sport setting.
- Enable them to further their professional development and gain an additional professional qualification within the delivery of PE and school sport.
- Specifically designed to provide a greater understanding of programmes of study for PE, the national curriculum and the environment in which they currently operate.



"We are having a very positive experience with our PE Sports Apprentice, Cameron. Having an apprentice provides greater capacity to hold sports events and extra curricular activities as well as supporting PE teaching. We feel Cameron has helped to introduce new sports into school and in doing so he has developed in confidence. I would recommend Active Fusion sports apprentices to everyone."

Emma Oxby - teacher at Travis St Lawrence CE Primary School

Contact apprenticeships@activefusion.org.uk or visit activefusion.org.uk/apprentices

TEACHER TRAINING

To help young people to develop a love for being active, we know it is vital that teachers and support staff feel both competent and confident in their delivery.

PE, sport school, health and wellbeing courses

We provide the latest high-quality courses in partnership with local and national partners. As well as centralised courses and free PE Networks, we also provide bespoke training for schools on school sites which can range from whole school training to 1-1 support.

Our friendly team will help you to identify which course is best for your school and your team.

Higher Sports Leaders Level 3 Sports Coaching qualification

This accredited qualification enables staff members to deliver unsupervised and therefore it is an ideal way to upskill staff

and increase your capacity to deliver extracurricular activities and support in PE. The course develops skills to lead, plan and deliver safe sport and physical activity sessions in both school and community environments.

Staff team building and health and wellbeing days

Our team are experienced at delivering INSET training and twilight training from small teams to more than 100 staff. These days are built around your specific needs. Previous training has included; looking after you and your staff's health and wellbeing; developing communication, resilience, teamwork, strategy, motivation and communication skills.



"The coach was very well qualified and managed to go through a wide range of technical skills. Time was allowed for us to practice the skills between learning inputs. Free resources were provided, which is always a positive when implementing back in school."

Aaron Gill, teacher at Carr Lodge Academy.

To find out more contact info@activefusion.org.uk or call us on **01302 637276**

YOGINIS YOGA

We aim to make yoga available to all children regardless of ability or socio-economic background.

We believe that the practices of yoga uniquely combined with neuroscience and biomechanics offer practices which may be able to contribute to reducing the physical and mental health issues increasingly faced by our children today.

Our team deliver a unique and tested yoga programmes to school staff and students.

What's included:

AM – breakfast club plus 2 lessons

PM – lunch club plus 2 lessons or 2 lessons plus after school club



"The yoga is really benefiting our children on self-regulation. The children are now completing most of the positions and really enjoy taking part."

First Steps Nursery Manager

To find out more contact info@activefusion.org.uk or call us on 01302 637276

ACTIVE START

Improving the mental health and wellbeing of 3-7 year-olds through ABC - Agility, Balance and Coordination.

Engage the whole family through:

- Dance
- Ball Skills (catching, throwing, kicking, dribbling)
- Gymnastics
- Striking & Fielding
- Funetics (athletics)
- Orienteering
- Invictus Games (inclusive)
- Yoga
- Taekwondo
- Balance bikes

Active Start is a great way to engage the whole family delivered in 6 week blocks



"We loved how interactive it is for both parents and children, our families are more active."

Teacher at Rowena Academy.

For more information contact hannah@activefusion.org.uk

FUNETICS

Created by England Athletics, funetics is a fun and inclusive way to help 4 to 11-year-old children learn, develop and practice running, jumping and throwing skills all year round.

Helping children to have fun whilst getting active, funetics provides a safe, fun and nurturing environment for children to develop fundamental movement skills and confidence to help support them in different sports in the future.

Why should children take part in the funetics programme?

- Safe – all activities will be delivered with safety as a priority
- Encouraging – children will always be encouraged for their effort
- Rewarding – children who demonstrate skills will be recognised and rewarded
- Developmental – children will learn at their own pace
- Child-centred – children are at the heart of the programme



"Funetics is a fantastic opportunity for more young children to access running, jumping and throwing at an early age and in a way that is fun, safe, nurturing and accessible all year round. I am proud to be an ambassador of funetics and supporting children to get more active."

Katarina Johnson-Thompson, funetics ambassador.

To find out more contact info@activefusion.org.uk or call us on 01302 637276

LEADERSHIP

The Fusion Leaders programme trains children to deliver physical activity sessions, developing their leadership, communication, confidence and resilience.

The programme also gives children a greater opportunity to enhance their skills at the Fusions Leaders Festival.

Fusion Leaders:

- Half day training for up to a full class of KS2 leaders and 12 KS1 Leaders
- Includes playground resource cards, individual logbooks and certificates
- Option to bolt on Mini First Aiders

Premium Leaders:

- Half day training for 12 KS1 and a full class of KS2 pupils
- Includes playground resource cards, individual logbooks and certificates
- Box of playground equipment and leaders t-shirts in a range of colours
- Staff support to help map out and sustain your playground leaders programme
- Invitation to our Fusion Leaders Festival
- Option to bolt on Mini First Aiders



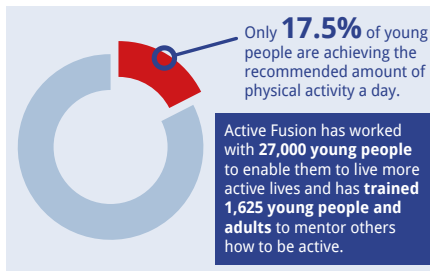
“Extremely enjoyable day which helped to inspire our pupils and challenge the more able. The quality of the delivery was excellent, Dan was enthusiastic and knowledgeable in the area of Playground Leaders.”

Gary Brown, PE teacher at Rosedale Primary School.

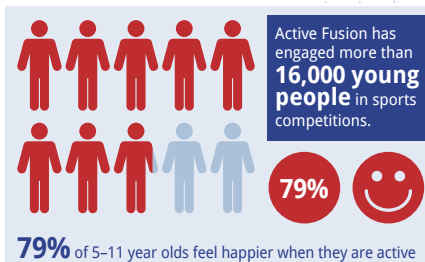
For more information contact stephen@activefusion.org.uk

OUR IMPACT

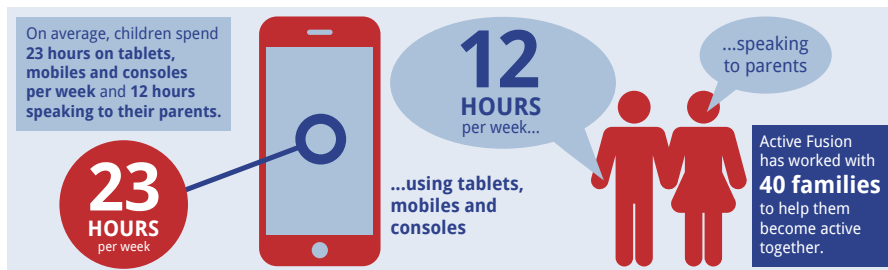
Physical Activity Per Day



Happiness Levels



Technology Use & Family Communication Per Week



Training

100% of teachers who took part in Active Fusion training said:

- They had high level confidence after taking part in the training
- Pupil attainment and engagement was outstanding

100%



Physical Education



2 in 5 teachers feel that their students don't enjoy Physical Education

Active Fusion has spent **4,050 hours** training teachers to be more confident and competent leading Physical Education.



Skill Development



82% of school leaders feel there is an issue with school readiness.

Active Fusion has helped develop the essential life skills, such as confidence, resilience and communication, of **2,800 young people.**





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www.activefusion.org.uk

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