

CHANGING LIVES ONE PERSON AT

A TIME *Success Stories Part 1*

DEVELOPING LEADERSHIP SKILLS

Physical activity in young people isn't just about encouraging them to get out, about and moving more. It's also about increasing confidence, leadership and communication skills. The Fusion Leaders programme enables children to teach their friends and fellow pupils sporting games and activities.

"I've made new friends and I want to be a teacher when I am older and I think that since being a leader I am more confident" - Tobi, aged eight.

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 Fusion Leaders
Arksey Primary School




CHASING MY DREAMS

Volunteer Ben has Down's Syndrome – but he's never let it hold him back and he's worked hard with Active Fusion to develop his skills. He has grown in confidence by volunteering at countless Active Fusion holiday camps, which are designed to keep children active during the school holidays.

"Volunteering for Active Fusion has developed my confidence and my ability to work in a team. I enjoy giving up my time to help children stay active. I hope I am a role model to other people with disabilities and show them that you can do whatever you want."

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 Ben Sweeney
Active Fusion Volunteer




SECURING MY FUTURE

It's never easy to decide what to do after school or college. For Lewis, that decision was made, until the impact of working on the Active Fusion Summer Camp changed his mind.

"I originally was going to go down the university route and study exercise, sport and nutrition at the University of Huddersfield. I had my place guaranteed but during summer I volunteered for Active Fusion and it completely changed my perspective. I didn't want to go to university anymore, I wanted to coach in school."

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 Lewis Wood
Active Fusion Apprentice

CHANGING LIVES ONE PERSON AT

A TIME *Success Stories Part 2*

DECIDING MY FUTURE

Volunteer Freya, 15, a secondary school student and keen sports enthusiast, spent four weeks volunteering her time to help coach children with Active Fusion.

"I would love to work for Active Fusion again; in a heartbeat. A lot of people couldn't understand why I wanted to volunteer but I've learnt so many new things and it's helped me come a long way to decide what I want to do after I leave school. I will keep taking every opportunity I can to gain more experience and knowledge."

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PROVING PEOPLE WRONG

James always dreamed of having a career in sport. Football, cricket and working with children are his passions and he loves inspiring others through physical activity.

"Before I started with Active Fusion I had some people telling me I wouldn't get into a career in sport and that I should do something simpler. That just made me think 'stuff you, I'll show you. Just go and do what you want to do. Don't let anyone hold you back."

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INSPIRING THE NEXT GENERATION

Zoe became an apprentice with Active Fusion after finishing college ready to inspire the next generation of children through sport.

"I was lacking in confidence at first but Active Fusion believed in me. I would have struggled without them. I wanted to coach; I'm not academic and used to struggle with coursework, but getting the hands on experience with Active Fusion made it so much easier for me."

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