

# Molly's Story

**Molly participated in Fusion Camps during the October half-term, embracing every activity with enthusiasm and courage. She stepped beyond her comfort zone, eagerly exploring new sports.**



*“Molly blossomed at our camps. The experience not only challenged her but also helped her build confidence, develop new skills and form friendships.”*

**Dawid Pasternak, Education Sports Coach**

Eight-year-old Molly was bubbling with excitement as October half-term approached. This wasn't her first time at Fusion Camp, but the anticipation was just as fresh as her very first visit. For Molly, who loves staying busy, Fusion Camp promised a week filled with adventure, friends, and new experiences that would make her school break unforgettable.

## **A Perfect Match**

Molly has always been full of energy, whether she's mastering her martial arts moves, perfecting her strokes at swimming club, or flipping through her acrobatics sessions. Even her school days are peppered with extracurricular PE clubs. For someone like Molly, Fusion Camps are a perfect match, a place where there's never a dull moment.

## **A World of New Friends and New Skills**

From the moment Molly stepped into the camp, she was thrilled to meet so many new people. By the end of the first day, she'd already made friends with children from different schools, and many of these friendships have continued to grow beyond the camp gates. Molly also found herself working with a new group of coaches who brought a spark of enthusiasm to each activity. “I love the coaches,” she said. “I can't pick a favourite because they all make my day better as soon as I see them.”



Each day at camp was an adventure in learning. Molly discovered a love for football and hockey, two sports she had never tried before. With clear guidance and encouragement from the coaches, she quickly picked up the skills she needed to play. "Both sports are so fun and easy to play because the coaches gave clear instructions and provided all the equipment," Molly explained proudly.

Beyond the games themselves, she was also practising something even more valuable: teamwork and communication.

These new skills, Molly realised, would help her in school, at home, and with her friends.

### Confidence That Lasts Beyond Camp

Molly's time at Fusion Camp was a journey of self-discovery, unlocking new strengths and abilities she never knew she had. Each new skill she mastered and every challenge she overcame helped her evolve into a more confident and resilient version of herself. Her parents saw a noticeable shift in her energy and happiness, and Molly herself can't wait to return. "I can't wait to come back," she said, her excitement clear. Fusion Camp is far more than a place for children to stay active, it's a place where they can truly thrive. For Molly, the impact of this experience will resonate long after camp ends, fuelling her confidence to tackle new challenges, inspiring a passion for trying new things, and nurturing friendships that will last a lifetime.

Read more stories like Molly's here or discover more about our Fusion Camps here.



**"I can't pick a favourite coach because they all make my day better."**

