

Olivia May's Story

Olivia-May rejoined our Fusion Camps during October half-term, where she developed a passion for basketball and explored a wide range of new physical activities.



“Olivia’s confidence has grown tremendously during her time at camp. With each session, she learns new skills and makes new friends. We can’t wait to see her at our next camp!”

David Edward Pasternak, Education Sports Coach

Olivia-May, who is 9 years old, participated in [Fusion Camp](#) during the October half-term of 2024. She enjoys coming back to Active Fusion’s holiday camps regularly, as it provides a safe environment where she can reconnect with her school friends, whilst making new ones.

Embracing Sports and Physical Activity at Fusion Camps

Olivia has a keen passion for physical activity. She plays football outside of school and is part of a local girls' football team. Olivia also enjoys dancing and spending time in the parks with her friends and family. While she stays active in her daily life, she feels she’s most physically engaged when she attends our camps, where she can participate in a variety of sports and activities. Our camps offer a safe, inspiring, and energetic environment that helps Olivia develop valuable skills for everyday life while maintaining physical activity.

During her time at [Fusion Camp](#), Olivia learned to play basketball, dodgeball, hockey, and rugby. She particularly gained a love for basketball due to its energetic nature.

Building Confidence and Friendships at Fusion Camps

When Olivia first attended our camps, she was quite shy and hesitant to talk to new people. However, her confidence has grown significantly through her participation in various activities, meeting new friends, and engaging with the coaches.

Olivia immediately feels happy and full of joy every time she attends camp, as each day brings new experiences. She particularly loves spending time with her friends and reconnecting with the coaches. Olivia says, "Active Fusion makes me feel safe and welcomed in everything they do."

Olivia is already excited for the next Fusion Camp and the chance to reconnect with the coaches, saying, "All the coaches I've met over the years are amazing." Through her time at our camps, Olivia's confidence and skills have grown significantly, boosting her communication, teamwork and resilience skills. At Active Fusion, we create a supportive and fun environment where every participant can develop both physically and mentally. Join us to experience the same growth, confidence and excitement that Olivia has at our Fusion Camps.

Read more stories like Olivia May's here or discover more about our Fusion camps here.



“The coaches make me feel happy and safe, they always look after me when I'm feeling sad, all the coaches I've met over the years are amazing.”

